



EASTHAMPTON HIGH SCHOOL: LUNCH MENU MARCH (WK. 3/27-3/31)

ALL STUDENTS EAT FOR FREE

Monday 3/27	Tuesday 3/28	Wednesday 3/29	Thursday 3/30	Friday 3/31
Create				
Chicken Drumstick	Beef Tacos	MAC & CHEESEOLOGY	Chicken Teriyaki	Fish Taco
Mashed Potatoes w/ Gravy	Steamed Rice	Homemade Macaroni & Cheese	Fried Rice	Cilantro Lime Rice
Corn on the Cob	Seasoned Corn	Pulled Pork or Buffalo Popcorn Chicken	Roasted Bok Choy	Mexican Corn
Biscuit	Refried Beans	Steamed Broccoli	Flatbread	
		Mini Biscuit		
Grill				
BBQ Bacon Burger	Ham & Cheese Flatbread Melt	Philly Cheese Steak	Grilled Three Cheese Sandwich	Italian Flatbread Melt
Oven Baked Fries	Oven Baked Fries	Oven Baked Fries	Oven Baked Fries	Oven Baked Fries
Veggie Burger, Cheeseburger and Crispy Breaded Chicken Sandwiches Daily				
2 Mato				
Pepperoni Personal Pizza	Taco Pizza	Cheese Personal Pizza	Pepperoni Personal Pizza	Meatball Pizza
Cheese Personal Pizza	Cheese Personal Pizza	Bacon Pizza	Cheese Personal Pizza	Cheese Personal Pizza
Deli				
Made to Order Sandwich and Salads with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press.				
On The Go				
Ham & Cheese Wrap Crispy Chicken Salad	Turkey & Bacon Sub Ham & Cheese Chef Salad	Chicken Ranch Wrap Grilled Chicken Caesar	Egg Salad Sandwich Buffalo Chicken Salad	Tuna Wrap Turkey Chef Salad
Salads offered with Fresh Biscuit				
Extra Extra				
Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar
Three Bean Salad	Citrus Chickpea Salad	Black Bean & Corn Salsa	Citrus Chickpea Salad	Pasta Salad
Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit
Secondary: A full				
student lunch includes choice of entree supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white, skim, and chocolate.				
MENU IS SUBJECT TO CHANGE				
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