

Nutrition Services Fall/Winter Newsletter

Easthampton Public Schools



What's New in Easthampton?

Welcome back to school year 2022-2023! We have been very busy this fall, welcoming all students in grades PK through 8th into the Mountain View School, and we were lucky enough to be involved with the opening ceremonies!

We celebrated National Noodle Day with an Asian Noodle Bowl at EHS, as well as Thanksgiving with our famous Turkey Dinner and all the fixings!

We look forward to the upcoming season and wish all our families safe, happy, and health holidays!



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chartwells 
serving up happy & healthy

Monthly Food Focus

Mountain View School

December is Spice It Up! month in the cafes where we'll be engaging students with fresh recipes, delicious demos, and fun and informative nutrition education. Spice It Up! Is a celebration of international recipes that are proven to raise the bar of the spice rack empowering students to join in cooking with various spices that are sure to spice up any meal with their family and friends.

In December, chefs and dietitians will organize Discovery Kitchen experiences in the cafeteria and classrooms with interactive ways students can taste and learn about flavor profiles from other countries and how to season foods without salt.

Mountain View Elementary students will participate in a tasting of Corn and Pineapple Salsa!



chartwells
Discovery
KITCHEN

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring Easthampton Public School's students leave the cafeteria happier and healthier than they came in. We all have the same goal –delivering the best foodservice possible. Meet some of our team members from across the district.



Ken LePage

Ken is our beloved Food Service Director. Ken previously served as the District Chef for the Springfield Public Schools and Food Operations Mgr for the Holyoke Public Schools. Ken enjoys spending time with his twin daughters and enjoys many, many sports.



Robin

Robin came to us as a retired US Post Office supervisor! She is our resident cookie baker at EHS. Robin is very involved with the Westfield Elks Club. She enjoys camping and going to the beach in New Hampshire and spending time with her grandchildren!



See What We've Been Celebrating!

National Noodle Day



Notes of Appreciation!

