



MT. VIEW K-4 ELEMENTARY: LUNCH MENU MARCH 2023

ALL STUDENTS EAT FOR FREE

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH				
		1 Grilled Cheese Sandwich Tator Tots Steamed Peas & Carrots	2 Beef Nachos w/ salsa Steamed Brown Rice Seasoned Corn	3 Cheese Pizza Garden Salad Oven Fries

ALTERNATE MEAL: CEREAL FUN LUNCH (CEREAL, YOGURT, STRING CHEESE, CHEDDAR GOLDFISH)

6 Crispy Chicken Sandwich Oven Baked Wedges Steamed Carrots	7 Breakfast For Lunch French Toast Sticks Sausage Patty Tator Tots Syrup	8 Macaroni & Cheese Roasted Green Beans & Carrots Dinner Roll	9 Orange Chicken Steamed Brown Rice Seasoned Broccoli	10 French Breads Pizza Oven Fries Garden Salad
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ALTERNATE MEAL: SUNBUTTER & JELLY SANDWICH W/ CRAISINS, BAGGED VEGGIES, AND CHEEZ-ITS

13 Crispy Chicken Nuggets Mashed Potatoes Seasoned Corn	14 Hot Dog Oven Wedges Baked Beans	15 1/2 DAY MUFFIN FUN LUNCH AVAILABLE	16 1/2 DAY CEREAL FUN LUNCH AVAILABLE	17 1/2 DAY MINI PANCAKE FUN LUNCH AVAILABLE
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ALTERNATE MEALS: MUFFIN FUN LUNCH (MUFFIN, STRING CHEESE, YOGURT, CHEDDAR GOLDFISH)

20 Cheeseburger Steamed Green Beans Oven Wedges	21 Breakfast For Lunch French Toast Sticks Sausage Patty Tator Tots Syrup	22 Pasta w/ Meatsauce Roasted Green Beans & Carrots Dinner Roll	23 Crunchy Fish Nuggets Smiley Fries Creamy Cole Slaw	24 Cheese Calzone Oven Fries Garden Salad
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ALTERNATE MEAL: NACHO FUN LUNCH (NACHO CHIPS, SHREDDED CHEESE, SALSA, GOLDFISH PRETZELS)

27 Meatball Sub Oven Wedges Seasoned Broccoli	28 Mini Corn Dogs Oven Wedges Baked Beans	29 Chicken Pasta Alfredo Steamed Peas Breadstick	30 Popcorn Chicken Bites Mashed Potatoes Seasoned Corn	31 Chez Filled Breadstick & Meatballs w/ Sauce Caesar Salad
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ALTERNATE MEAL: PRETZEL FUN LUNCH (SOFT PRETZEL, YOGURT, CHEESE SAUCE, CHEEZ-ITS)

CHOOSE WITH ANY MEAL				
Fresh Cherry Tomatoes	Celery Sticks	Carrot Sticks	Cucumber Wheels	Carrots Sticks
Cucumbers Wheels	Corn and Black Bean Salsa	Fresh Broccoli	Garbanzo Bean Salad	Snap Peas
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit

USDA, EASTHAMPTON PS, AND CHARTWELL'S ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.

MENUS ARE SUBJECT TO CHANGE

