



MOUNTAIN VIEW MIDDLE SCHOOL: LUNCH MENU MARCH 2023 (WK. 3/27-3/31)

ALL STUDENT EAT FOR FREE

| Monday 3/27 | Tuesday 3/28 | Wednesday 3/29 | Thursday 3/30 | Friday 3/31 |
|--|---------------------------------|---|----------------------------------|---|
| Create | | | | |
| Meatball Sub | Mini Corn Dogs | Chicken Pasta Alfredo | Plain or Buffalo Popcorn Chicken | Baked Potato Bar |
| Oven Fries | Potato Smiles | Steamed Peas | Mashed Potatoes w/ Gravy | Steamed Broccoli |
| Seasoned Broccoli | Baked Beans | Breadstick | Seasoned Corn | Biscuit |
| Grill | | | | |
| Ham and Cheese Bagel Melt | Cheeseburger on Whole Grain Bun | Chicken Patty Sandwich on Whole Grain Bun | Cheeseburger on Whole Grain Bun | Spicy or Crispy Chicken Patty on WG Bun |
| Oven Baked Fries | Oven Baked Fries | Oven Baked Fries | Oven Baked Fries | Oven Baked Fries |
| 2 Mato | | | | |
| Personal Cheese or Pepperoni Pizza | French Bread Pizza | Cheese or Bacon Chicken Ranch Flatbread | 4x6 Cheese Pizza | Cheese or BBQ Chicken Pizza |
| On The Go | | | | |
| Italian Sub | Turkey & Cheese Sub | Tuna Wrap | Ham & Cheese on a Bulky Roll | Buffalo Chicken Salad Sub |
| Buffalo Chicken Salad | Garden Salad w/ Tuna | Chicken Caesar Salad | Ham & Cheese Chef Salad | Popcorn Chicken Salad |
| Extra Extra | | | | |
| Grape Tomatoes | Celery Sticks | Carrot Sticks | Cucumber Wheels | Carrot Sticks |
| Cucumber Wheels | Garden Salad | Fresh Broccoli | Garden Salad | Squash Sticks |
| Fresh Whole Fruit | Black Bean Salad | Fresh Whole Fruit | Citrus Bean Salad | Fresh Whole Fruit |
| Assorted Chilled Fruit | Fresh Whole Fruit | Assorted Chilled Fruit | Fresh Whole Fruit | Assorted Chilled Fruit |
| <p>USDA, EPSD, and Chartwell's are equal opportunity employers and providers</p> <p>MENU IS SUBJECT TO CHANGE</p> | | | | |
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Secondary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes and fruit side dishes, and a choice of milk. choices include 1% white and skim chocolate.

Milk