



**MOUNTAIN VIEW MIDDLE SCHOOL: LUNCH MENU DEC. 2023 (WK. 12/4-12/8)**

**ALL STUDENT EAT FOR FREE**

Monday 12/4	Tuesday 12/5	Wednesday 12/6	Thursday 12/7	Friday 12/8
<b>Create</b>				
Crispy Chicken Nuggets	French Toast Sticks	1/2 DAY	Pasta W/ Meat Sauce	Pulled Pork Sandwich
Mashed Potatoes	Sausage Patty	FUN LUNCH AVAILABLE	Steamed Green Beans	Sweet Potato Fries
Seasoned Corn	Tator Tots		Dinner Roll	Side of Macaroni & Cheese
Mini Biscuit	Syrup			
<b>Grill</b>				
Southwest Cheeseburger on Whole Grain Bun	Rib a Que Sandwich on Whole Grain Bun		Bacon Cheeseburger on Whole Grain Bun	Crispy or Spicy Chicken Patty on Whole Grain Bun
Oven Baked Fries	Oven Baked Fries		Oven Baked Fries	Oven Baked Fries
<b>2 Mato</b>				
Personal Cheese or Pepperoni Pizza	French Bread Pizza		Chicken Bacon Ranch Flatbread	Personal Cheese or Meatlovers Pizza
<b>On The Go</b>				
Italian Sub	Turkey & Cheese Sub		Ham & Cheese on a Bulky Roll	Buffalo Chicken Wrap
Buffalo Chicken Salad	Garden Salad w/ Tuna		Ham & Cheese Chef Salad	Popcorn Chicken Salad
<b>Extra Extra</b>				
Grape Tomatoes	Celery Sticks		Cucumber Wheels	Carrot Sticks
Cucumber Wheels	Garden Salad		Garden Salad	Snap Peas
Fresh Whole Fruit	Black Bean Salad		Citrus Bean Salad	Fresh Whole Fruit
Assorted Chilled Fruit	Fresh Whole Fruit		Fresh Whole Fruit	Assorted Chilled Fruit
	Assorted Chilled Fruit		Assorted Chilled Fruit	Assorted Chilled Fruit
<p>USDA, EPSD, and Chartwell's are equal opportunity employers and providers</p> <p><b>MENU IS SUBJECT TO CHANGE</b></p>				

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes and fruit side dishes, and a choice of milk. choices include 1% white and skim chocolate.

Milk