| EASTHAMPTON HIGH | Ch <br> servin <br> SCHOOL: LUNCH ME | ar†wel <br> up happy \& heal <br> NU APRIL 2024 (WK. | $\left.\right\|_{t h y} ^{S} \because$ | ALI STUUENTS EAT FOR FREE |
| :---: | :---: | :---: | :---: | :---: |
| Monday 4122 | uesday 4/23 | Wednesay 4124 | hursday 4125 | Friday 4/26 |
| Creaie |  |  |  |  |
| Plain or Buffalo Chicken Wings <br> Oven Wedges | Walking Taco Steamed Brown Rice | Baked Chicken Cheese Tortellini Alfredo <br> Roasted Green Beans \& Grape Tomatoes |  |  |
|  |  |  | Crispy Orange Chicken | Baked Potato Bar w/ Chili and Cheese |
| Sautee Spinach | Steamed Corn | Garlic Bread | Fried Rice | Buttered Biscuit |
|  | Refried Beans |  | Seasoned Broccoli <br> Egg Roll |  |
|  |  |  |  |  |
| Grill |  |  |  |  |
| Grilled Chixcken w/ Bacon \& Cheese | Spicy Chicken Sandwich | Grilled Turkey,Bacon \& Cheese | Bacon Cheeseburger | Philly Steak Sandwich w/ Peppers and Onions |
| Oven Baked Fries | Oven Baked Fries | Oven Baked Fries | Oven Baked Fries | Oven Baked Fries |
| Veggie Burger, Cheeseburger and Crispy Breaded Chicken Sandwiches Daily |  |  |  |  |
| 2 Mato |  |  |  |  |
| Pepperoni Personal Pizza | Chicken \& Bacon Pizza | Meatovers Pizza | Pepperoni Personal Pizza | Chicken Broccoli Pizza |
| Cheese Personal Pizza | Cheese Personal Pizza | Cheese Personal Pizza | Cheese Personal Pizza | Cheese Personal Pizza |
| Deli |  |  |  |  |
| Made to Order Sandwich with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press. |  |  |  |  |
| On The Go |  |  |  |  |
| Ham \& Cheese Wrap Crispy Chicken Salad | Ham \& Cheese on Pretzel Roll Chicken BLT Salad | Turkey BLT Croissant Ham \& Cheese Chef Salad | Buffalo Chicken Wrap Popcorn Chicken Salad | Italian Wrap Buffalo Chicken Salad |
| Salads offered with Fresh Biscuit |  |  |  |  |
| Extra Extra |  |  |  |  |
| Fresh Greens Salad Bar | Fresh Greens Salad Bar Fresh Greens Salad Bar <br> Citrus Chickpea Salad Black Bean \& Corn <br>  Salsa <br> Fresh Whole Fruit Fresh Whole Fruit <br> Assorted Chilled Fruit Assorted Chilled Fruit |  | Fresh Greens Salad Bar <br> Citrus Chickpea Salad <br> Fresh Whole Fruit Assorted Chilled Fruit | Fresh Greens Salad Bar <br> Citrus Chickpea Salad <br> Fresh Whole Fruit Assorted Chilled Fruit |
| Three Bean Salad |  |  |  |  |  |
| Fresh Whole Fruit Assorted Chilled Fruit |  |  |  |  |  |
| Secondary: A full <br> student lunch includes choice of entree supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include $1 \%$ white, skim, and chocolate. <br> MENU IS SUBJECT TO CHANGE |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| USDA, EPSD, and Charwels are equa | lopportunity employers and provi |  |  |  |

