



WHITE BROOK MIDDLE SCHOOL: Jan. 1-4, 2018 LUNCH MENU

LUNCH \$2.85

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
No School Winter Break	No School New Year's Day	Spaghetti and Meatballs Barilla Pasta, All-Beef Meatballs, Classic Marinara Sauce Italian Sauteed Green Beans Whole Grain Garlic Flatbread	Chicken Fajitas Whole Grain Tortilla, Tender Grilled Chicken Seasoned Brown Rice Sauteed Onions & Peppers Shredded Cheddar Cheese, Salsa	Classic Soup and Sandwich Combo Chicken Noodle Soup Choice of Sandwich: Pulled Pork Ham & Cheese
Grill				
		Buffalo Chicken Patty Sandwich on Whole Grain Bun Tater Tots	Cheeseburger on a Whole Grain Bun Baked French Fries	Meatball Grinder with Cheese Tater Tots
2 Mato				
		Classic Cheese Pizza	Classic Pepperoni Pizza	BBQ Chicken Pizza
On The Go				
		Ham and Cheese Wrap Garden Salad with Tuna Garden Salad w/ Cheese	Turkey Sandwich with Lettuce and Tomato Chef Salad, Garden Salad w/ Cheese	Tuna Melt Garden Salad with Chicken Garden Salad w/ Cheese
Salads offered with dinner rolls				
EXTRA EXTRA				
Fresh Carrot Sticks Apple Cranberry Relish Fresh Whole Fruit Assorted Chilled Fruit	Cucumbers Black Bean & Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Power Peas Pasta Salad Orange Wedges Assorted Chilled Fruit	Cucumbers Potato Salad Fresh Whole Fruit Assorted Chilled Fruit	Squash & Zucchini Sticks Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit
<p>MONTHLY FOOD FOCUS: January Food Focus is CITRUS!!**Grapefruits got their name because they grow in clusters on a tree, just like grapes!!</p> <p>USDA, EPSD, and Chartwell's are equal opportunity employers and providers</p>				

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.