



WHITE BROOK MIDDLE SCHOOL: Sept. 3-7 LUNCH MENU

LUNCH \$2.85

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
NO SCHOOL	NO SCHOOL	Pasta with Meat Sauce	Chicken Fajitas	Teriyaki Chicken Bowl
LABOR DAY	State Primary Election	Barilla Pasta, Classic Italian Meat Sauce	Seasoned Grilled Chicken, Whole Grain Tortilla	Seasoned Grilled Chicken, Classic Teriyaki Sauce
	Teacher Professional Development	Seasoned Broccoli	Sauteed Peppers & Onions	
		Whole Grain Garlic Breadstick	Steamed Brown Rice	Homemade Mashed Potatoes
			Steamed Sweet Corn	Sweet Green Peas
Grill				
		Buffalo Chicken Patty on Whole Grain Bun	Cheeseburger on Whole Grain Bun	Meatball Grinder with Cheese
		Baked French Fries	Baked French Fries	Baked French Fries
		Classic Pepperoni Pizza	Classic Cheese Pizza	BBQ Chicken Pizza
On The Go				
Chicken Ranch Wrap	Italian Hero	Ham and Cheese w/ Honey Mustard	Turkey Sandwich w/Lettuce, Tomato	Garden Salad with Tuna
Garden Salad w/ Cheese, Garden Salad w/Chicken and Cheese	Garden Salad with Cheese	Garden Salad with Chicken	Chef Salad Tuna Salad Sandwich	Garden Salad with Buffalo Chicken
Salads offered with dinner rolls				
EXTRA EXTRA				
Fresh Celery Sticks	Fresh Carrots	Power Peas	Cucumbers	Fresh Baby Carrots
Tomatoes	Black Bean and Corn Salad	Sweet and Tangy Broccoli Salad	Black Bean and Corn Salad	Sweet and Tangy Broccoli Salad
Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit	Fresh Whole Fruit Assorted Chilled Fruit

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

