



**EASTHAMPTON ELEMENTARY SCHOOLS: November 2018 MENU**

Lunch \$2.65

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Hot Dog	Classic Cheese Pizza
			Waffle Fries	Colorful Tossed Salad
			Carrots	Roasted Green Beans
5	6	7	8	9
Chicken Patty Sandwich	NO School	Chicken Nuggets	Meatball Grinder	Classic Cheese Pizza
Baked Potato Wedges	City Elections	Steamed Brown Rice	Baked French Fries	Sweet Green Peas
Green Beans	Teacher Professional Development	Vegetable Medley	Sweet Corn	Colorful Tossed Salad
12	13	14	15	16
No School	Corn Dogs	French Toast Sticks	Turkey Dinner	Classic Cheese Pizza
Veteran's Day	Baked Beans	Sausage Patty	Mashed Potatoes, Peas & Carrots	Colorful Tossed Salad
Observed	Sliced Cucumbers	Tater Puffs	Cranberry Sauce, Cookie	Roasted Green Beans
19	20	21	22-Nov	23-Nov
Cheeseburgers	Beef Nachos	No School	No School	No School
Waffle Fries	Salsa, Cheese	Thanksgiving Break	Thanksgiving	Thanksgiving Break
Carrots	Corn			
26	27	28	29-Nov	30-Nov
Pop Corn Chicken	French Toast Sticks	Grilled Cheese Sandwich	Hot Dogs	Classic Cheese Pizza
Mashed Potato	Sausage Patty	Sweet Green Peas	Tater Tots	Sweet Corn
Vegetable Medley	Tater Puffs	Goldfish Crackers	Carrots	Colorful Tossed Salad
Bread Stick				
Choose With Any Meal!				
Fresh Cherry Tomatoes	Celery Sticks	Spinach Salad	Chickpea Salad	Carrot Sticks
Cucumbers	Corn and Black Bean Salsa	Carrot Sticks	Sliced Cucumbers	Sweet Green Peas
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Weekly Alternate Meals				
Blueberry Muffin & Goldfish Fun Lunch w/Yogurt Crush Cup, String Cheese	Cereal Fun Lunch: Golden Grahams or Cheerios w/Yogurt Crush Cup, String Cheese	Fresh Garden Salad with Cheese Whole Grain Roll Fresh Fruit	Cold Nachos Fun Lunch: Crispy Tortilla Shell Rounds w/ Shredded Cheddar, Salsa	Blueberry Muffin & Goldfish Fun Lunch w/Yogurt Crush Cup, String Cheese

**MONTHLY FOOD FOCUS: November's Food Focus is Cranberries**•••Cranberries are one of the few fruits that is native to North America. They are commonly used around the world as a natural fabric dye!

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

