



EASTHAMPTON ELEMENTARY SCHOOLS: December 2018 MENU

Lunch \$2.65

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Nuggets Seasoned Brown Rice Carrots	4 Corn Dog French Fries Baked Beans	5 Macaroni and Cheese Sweet Green Peas Whole Grain Dinner Roll	6 Chicken Patty Sandwich Waffle Fries Sweet Corn	7 Classic Cheese Pizza Colorful Tossed Salad Roasted Green Beans
10 Popcorn Chicken Steamed Brown Rice Sweet Corn	11 1/2 Day Teacher Professional Development *Bag Lunch Offered	12 Grilled Cheese Sandwich Chicken Noodle Soup Carrot Sticks	13 Cheeseburger Baked French Fries Red & Green Pepper Sticks	14 Classic Cheese Pizza Sweet Green Peas Colorful Tossed Salad
17 Teriyaki Chicken Seasoned Brown Rice Sweet Green Peas	18 Hot Dog Baked Beans Sliced Cucumbers	19 French Toast Sticks Sausage Patty Tater Puffs	20 Chicken Nuggets Vegetable Medley Whole Grain Dinner Roll	21 Classic Cheese Pizza Colorful Tossed Salad Roasted Green Beans
24 NO SCHOOL CHRISTMAS EVE	25 NO SCHOOL CHRISTMAS DAY	26 NO SCHOOL WINTER BREAK	27-Dec NO SCHOOL WINTER BREAK	28-Dec NO SCHOOL WINTER BREAK
31 NO SCHOOL NEW YEAR'S EVE				
<small>Choose With Any Meal!</small>				
Fresh Cherry Tomatoes Cucumbers Assorted Fresh Fruit Assorted Chilled Fruit	Celery Sticks Corn and Black Bean Salsa Assorted Fresh Fruit Assorted Chilled Fruit	Spinach Salad Carrot Sticks Assorted Fresh Fruit Assorted Chilled Fruit	Chickpea Salad Sliced Cucumbers Assorted Fresh Fruit Assorted Chilled Fruit	Carrot Sticks Sweet Green Peas Assorted Fresh Fruit Assorted Chilled Fruit
Weekly Alternate Meals				
Blueberry Muffin & Goldfish Fun Lunch w/Yogurt Crush Cup, String Cheese	Cereal Fun Lunch: Golden Grahams or Cheerios w/Yogurt Crush Cup, String Cheese	Fresh Garden Salad with Cheese Whole Grain Roll Fresh Fruit	Cold Nachos Fun Lunch: Crispy Tortilla Shell Rounds w/ Shredded Cheddar, Salsa	Blueberry Muffin & Goldfish Fun Lunch w/Yogurt Crush Cup, String Cheese
<p>MONTHLY FOOD FOCUS: December's Food Focus is Berries! ***</p> <p>Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p>				

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