



EASTHAMPTON HIGH SCHOOL : February 2019 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
BREAKFAST BURRITO Whole Grain Tortilla, Scrambled Egg, Cheddar Cheese, Bacon, Tots	BREAKFAST BOWL w/ Egg, Cheese, Sausage, Hashbrown & WHOLE WHEAT TOAST	FRENCH TOAST NUGGETS WITH SAUSAGE PATTY	BREAKFAST BURRITO Whole Grain Tortilla, Scrambled Egg, Cheddar Cheese, Sausage, Tots	SCRAMBLED EGGS, SAUSAGE, WHOLE WHEAT TOAST
11	12	13	14	15
HAM AND CHEESE OMELETTE, WHEAT TOAST	BREAKFAST BURRITO Whole Grain Tortilla, Scrambled Egg, Cheddar Cheese, Bacon, Tots	SAUSAGE, EGG AND CHEESE ENGLISH MUFFIN	CHEESE OMELETTE W/ HASH BROWN, WHEAT TOAST	EGG, SAUSAGE, AND CHEESE BAGEL
18	19	20	21	22
25	26	27	28	
HAM AND CHEESE OMELETTE, WHEAT TOAST	BREAKFAST BURRITO Whole Grain Tortilla, Scrambled Egg, Cheddar Cheese, Bacon, Tots	SAUSAGE, EGG & CHEESE ENGLISH MUFFIN	CHEESE OMELETTE W/ HASH BROWN, WHEAT TOAST	EGG, SAUSAGE & CHEESE BAGEL

OFFERED DAILY- ASSORTED CEREAL, MUFFINS, 100% JUICE, CHILLED AND FRESH FRUIT, 1% OR FAT FREE FLAVORED MILK.
MENU SUBJECT TO CHANGE

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