



WHITE BROOK MIDDLE SCHOOL: Feb 25-Mar 1 LUNCH MENU

LUNCH \$2.85

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
Burger Bar: Beef or Veggie Burger Toppings: Lettuce, Tomato, American, Cheddar or Mozzarella Cheese, Bacon, Caramelized Onions, Cucumber Pickles Tater Tots	Chicken Fajitas Whole Grain Tortilla, Seasoned Grilled Chicken Sauteed Onions & Peppers Steamed Brown Rice Shredded Cheddar Cheese, Salsa	Pasta w/ Meat Sauce Barilla Pasta, Classic Italian Meat Sauce Italian Sauteed Green Beans Whole Grain Garlic Breadstick	Chicken Fillet Homemade Mashed Potatoes & Gravy Sweet Corn Whole Grain Dinner Roll	Honey Glazed Chicken Baked Potato Wedges Buttery Carrots Creamy Coleslaw Whole Grain Biscuit
Grill				
Chicken Patty Sandwich on Whole Grain Bun Tater Tots	Cheeseburger on a Whole Grain Bun Baked French Fries	Ham & Cheese Pretzel Melt Tater Tots	Cheeseburger on a Whole Grain Bun Baked French Fries	Meatball Grinder with Cheese Potato Wedges
2 Mato				
Chicken Bacon Ranch Pizza	Classic Pepperoni Pizza	Classic Cheese Pizza	Classic Pepperoni Pizza	BBQ Chicken Pizza
On The Go				
Chicken Ranch Wrap Garden Salad w/ Cheese Garden Salad w/ Chicken	Italian Hero Taco Salad Garden Salad w/ Cheese	Ham and Cheese Wrap Garden Salad with Tuna Garden Salad w/ Cheese	Turkey Sandwich with Lettuce and Tomato Chef Salad, Garden Salad w/ Cheese	Tuna Melt Garden Salad w/ Cheese Garden Salad w/ Chicken
Salads offered with dinner rolls				
EXTRA EXTRA				
Fresh Carrot Sticks Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Cucumbers Black Bean & Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Power Peas Pasta Salad Orange Wedges Assorted Chilled Fruit	Cucumbers Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Squash & Zucchini Sticks Creamy Coleslaw Fresh Whole Fruit Assorted Chilled Fruit
MONTHLY FOOD FOCUS: February Food Focus is Sweet Potatoes!***Taste the Rainbow! Sweet Potatoes come in different colors, such as orange, white, yellow, purple, and red. They all have different textures, tastes, flavors and nutrients! USDA, EPSD, and Chartwell's are equal opportunity employers and providers				

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.