



**WHITE BROOK MIDDLE SCHOOL: March 11-15, 2019 LUNCH MENU** LUNCH \$2.85

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>				
<b>Turkey Dinner</b>  <b>Homemade Mashed Potatoes &amp; Gravy, Buttery Carrots, Cranberry Sauce</b>  <b>Whole Grain Biscuit</b>	<b>Beef Soft Tacos</b>  <b>Whole Grain Tortilla, Seasoned Gound Beef</b>  <b>Shredded Lettuce &amp; Diced Tomatoes</b>  <b>Sour Cream</b>	<b>1/2 Day</b>  <b>Teacher Professional Development</b>  <b>*Bag Lunch Offered</b>	<b>1/2 Day</b>  <b>Parent/Teacher Conference</b>  <b>*Bag Lunch Offered</b>	<b>1/2 Day</b>  <b>Parent/Teacher Conference</b>  <b>*Bag Lunch Offered</b>
<b>Grill</b>				
<b>Cheeseburger on Whole Grain Bun</b>  <b>Tater Tots</b>	<b>Chicken Patty on Whole Grain Bun</b>  <b>Tater Tots</b>			
<b>2Mato</b>				
<b>Classic Cheese Pizza</b>	<b>Classic Pepperoni Pizza</b>			
<b>On The Go</b>				
<b>Chicken Ranch Wrap</b>  <b>Garden Salad w/ Cheese</b> <b>Garden Salad w/ Chicken &amp; Cheese</b>	<b>Chicken Ranch Wrap</b>  <b>Garden Salad with Cheese, Taco Salad</b>			
<b>Salads offered with dinner rolls</b>				
<b>EXTRA EXTRA</b>				
<b>Fresh Celery Sticks</b>  <b>Citrus Chickpea Salad</b> <b>Fresh Whole Fruit</b> <b>Assorted Chilled Fruit</b>	<b>Fresh Carrots</b>  <b>Citrus Chickpea Salad</b> <b>Fresh Whole Fruit</b> <b>Assorted Chilled Fruit</b>	<b>Fresh Carrots</b>  <b>Citrus Chickpea Salad</b> <b>Orange Wedges</b> <b>Assorted Chilled Fruit</b>	<b>Cucumbers</b>  <b>Pasta Salad</b> <b>Fresh Whole Fruit</b> <b>Assorted Chilled Fruit</b>	<b>Fresh Baby Carrots</b>  <b>Citrus Chickpea Salad</b> <b>Fresh Whole Fruit</b> <b>Assorted Chilled Fruit</b>
<p>Monthly Food Focus: March Food Focus is Whole Grains!!**Wheat provides more calories and protein in the world's diet than any other crop! It is also a staple food for 35% of the earth's population. Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p>				