



**EASTHAMPTON HIGH SCHOOL: April 29-May 3, 2019 LUNCH MENU** Lunch \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>				
Turkey Dinner	BBQ Pulled Pork	Chicken Broccoli Alfredo	Sweet 'n' Sour Chicken	<b>1/2 Day</b>  <b>Teacher Professional Development</b>  <b>*Modified Lunch will be Offered</b>
Homemade Mashed Potato & Gravy	Macaroni & Cheese	Fresh Pasta, Seasoned Grilled Chicken	Steamed Brown Rice	
Butternut Squash	Sweet Corn	Classic Alfredo Sauce	Carrots	
Cranberry Sauce	Fresh Baked Corn Bread	Roast Broccoli	Grilled Flatbread	
Whole Grain Dinner Roll		Whole Grain Garlic Bread		
<b>Grill</b>				
Grilled Ham & Cheese	Buffalo Chicken Patty on WG Bun	Turkey Salad Melt	Chicken Parmesan Sandwich	
Crinkle Cut Fries	Colossal Fries	Crinkle Cut Fries	Colossal Fries	
Cheeseburger and Crispy Breaded Chicken Sandwiches Daily				
<b>2 Mato</b>				
Classic Cheese Pizza Classic Pepperoni Pizza Chicken Bacon Ranch Pizza	Buffalo Chicken Pizza Pasta Station with Salad	Classic Pepperoni Pizza Classic Cheese Pizza Chicken Bacon Ranch Pizza	Buffalo Chicken Pizza Past Station w/ Salad	
<b>DELI</b>				
Made to Order Sandwich and Salads with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press.				
<b>On The Go</b>				
Buffalo Chicken Wrap Garden Salad w/Chicken	Chicken Ranch Wrap Garden Salad with Cheese	Tuna Salad Sub Garden Chicken Salad	Ham and Cheese on a Whole Wheat Bulky Roll Garden Salad with Cheese	
Salads offered with two dinner rolls				
<b>EXTRA EXTRA</b>				
Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar
Pasta Salad	Black Bean & Corn Salad	Citrus Chickpea Salad	Coleslaw	Citrus Chickpea Salad
Fresh Whole Fruit	Fresh Whole Fruit	Awesome Apples	Fresh Whole Fruit	Fresh Whole Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
<p>Monthly Food Focus: May's Food Focus is KALE!***Some varieties of Kale grow five to seven feet tall! Some parts of the large plant may not be edible and are used for display instead of eating!</p> <p>Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p>				

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