



**EASTHAMPTON ELEMENTARY SCHOOLS: May 2019 MENU**

Lunch \$2.65

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Grilled Cheese Sandwich Pasta Salad Fresh Carrots Whole Grain Goldfish Crackers	2 Chicken Nuggets Seasoned Brown Rice Sweet Corn	3 1/2 Day Teacher Professional Development <b>*Bag Lunches Offered</b>
6 Hamburgers Tater Tots Sweet Green Peas	7 Corn Dogs French Fries Creamy Coleslaw	8 <b>Breakfast for Lunch</b> French Toast Sausage Patty Tater Tots	9 Meatball Grinder Fresh Carrots Whole Grain Goldfish Crackers	10 Classic Cheese Pizza Sweet Green Peas Colorful Tossed Salad
13 Chicken Patty Sandwich French Fries Creamy Coleslaw	14 Nachos Whole Grain Tortilla Chips, Shredded Cheese, Salsa Sweet Corn	15 Macaroni & Cheese Seasoned Broccoli	16 Grilled Chicken Sandwich Carrots Tater Tots	17 Classic Cheese Pizza Colorful Tossed Salad Roasted Green Beans
20 Hamburg Sundaes Ground Beef & Gravy, Mashed Potatoes Sweet Corn	21 Hot Dogs Sweet Corn	22 Popcorn Chicken Seasoned Brown Rice Carrots & Celery w/Ranch Dressing	23-May <b>Breakfast for Lunch</b> French Toast Sausage Patty Tater Tots	24-May Classic Cheese Pizza Colorful Tossed Salad Sweet Green Peas
27 NO SCHOOL Memorial Day	28 Chicken Nuggets Mashed Potatoes Sweet Corn	29 <b>Breakfast for Lunch</b> French Toast Sausage Patty Tater Tots	30-May Hamburgers French Fries Creamy Coleslaw	31-May Classic Cheese Pizza Colorful Tossed Salad
Choose With Any Meal!				
Fresh Cherry Tomatoes Cucumbers Assorted Fresh Fruit Assorted Chilled Fruit	Celery Sticks Corn and Black Bean Salsa Assorted Fresh Fruit Assorted Chilled Fruit	Pasta Salad Carrot Sticks Assorted Fresh Fruit Assorted Chilled Fruit	Chickpea Salad Sliced Cucumbers Assorted Fresh Fruit Assorted Chilled Fruit	Carrot Sticks Sweet Green Peas Assorted Fresh Fruit Assorted Chilled Fruit
Weekly Alternate Meals				
Blueberry Muffin & Goldfish Fun Lunch w/Yogurt Crush Cup, String Cheese	Cereal Fun Lunch: Golden Grahams or Cheerios w/Yogurt Crush Cup, String Cheese	Fresh Garden Salad with Cheese Whole Grain Roll Fresh Fruit	Cold Nachos Fun Lunch: Crispy Tortilla Shell Rounds w/ Shredded Cheddar, Salsa	Blueberry Muffin & Goldfish Fun Lunch w/Yogurt Crush Cup, String Cheese
<p><b>MONTHLY FOOD FOCUS: May's Food Focus is KALE! ***Some varieties of Kale grow five to seven feet tall! Some parts of the large plant may not be edible and are used for display instead of eating!</b></p> <p>Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p>				

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