



WHITE BROOK MIDDLE SCHOOL: April 1-5, 2019 LUNCH MENU

LUNCH \$2.85

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
Chicken Drumstick French Fries Sweet Corn Fresh Baked Corn Bread	Tacos Seasoned Ground Beef, Whole Grain Hard Shells Shredded Cheddar Cheese, Lettuce, Tomato Salsa	Chicken Parmesan Sandwich Pasta w/ Classic Italian Marinara Sauce Seasoned Broccoli	Pork Cutlet Mashed Potatoes & Gravy Buttery Carrots Whole Grain Biscuit	Soup and Sandwich Combo Hearty Chicken Noodle Soup Toasted Cheese Sandwich
Grill				
Chicken Patty on Whole Grain Bun Tater Tots	Cheeseburger on Whole Grain Bun Baked French Fries	Chicken Patty on Whole Grain Bun Baked French Fries	Cheeseburger on Whole Grain Bun Tater Tots	Fish Sticks Baked French Fries
Classic Pepperoni Pizza	Classic Cheese Pizza	Classic Pepperoni Pizza	Classic Cheese Pizza	Classic Pepperoni Pizza
On The Go				
Chicken Ranch Wrap Garden Salad w/ Cheese, Garden Salad w/Chicken and Cheese	Italian Hero Taco Salad Garden Salad w/ Cheese	Turkey Sandwich w/ Lettuce & Tomato Garden Salad w/ Tuna Garden Salad w/ Cheese	Ham & Cheese Wrap w/ Honey Mustard Chef Salad Garden Salad w/ Cheese	Tuna Melt Garden Salad w/ Cheese Garden Salad w/ Chicken
Salads offered with dinner rolls				
EXTRA EXTRA				
Fresh Celery Sticks Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Carrots Black Bean and Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Power Peas Cranberry Apple Relish Fresh Whole Fruit Assorted Chilled Fruit	Cucumbers Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Baby Carrots Pasta Salad Fresh Whole Fruit Assorted Chilled Fruit

Monthly Food Focus: April's Food Focus is Yogurt!*An average American eats THIRTEEN pounds of yogurt each year!**
 Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

