



EASTHAMPTON HIGH SCHOOL: May 27-31, 2019 Lunch MENU

Lunch \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
NO SCHOOL MEMORIAL DAY	"The Roost" Chicken Sandwich, Honey Mustard, Teriyaki, OR Original Crispy Crinkle Cut Fries	BBQ Pulled Pork Macaroni and Cheese Sweet Corn Whole Grain Biscuit	Sweet & Sour Chicken Pork Fried Rice Steamed Broccoli Whole Grain Dinner Roll	Meatloaf Mashed Potato Steamed Green Beans Whole Grain Dinner Roll
Grill				
	Buffalo Chicken Sandwich	Chicken Quesadilla	Grilled Cheese Sandwich	Chicken Quesadillas
	Crinkle Cut Fries	Colossal Fries	Crinkle Cut Fries	Colossal Fries
Cheeseburger and Crispy Breaded Chicken Sandwiches Daily				
2 Mato				
	Buffalo Chicken Pizza Pasta Station w/ Salad	Classic Cheese Pizza Classic Pepperoni Pizza BBQ Chicken Pizza	Buffalo Chicken Pizza Pasta Station w/ Salad	BBQ Chicken Pizza Classic Cheese Pizza Classic Pepperoni Pizza
DELI				
Made to Order Sandwich and Salads with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press.				
On The Go				
	Buffalo Chicken Wrap Garden Salad w/ Cheese	Chicken Ranch Wrap Garden Chicken Salad	Tuna Salad Whole Grain Bulky Roll Garden Salad with Cheese	Ham & Cheese Wrap Garden Salad w/ Tuna
Salads offered with two dinner rolls				
EXTRA EXTRA				
Fresh Greens Salad Bar Black Bean & Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Greens Salad Bar Pasta Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Greens Salad bar Citrus Chickpea Salad Awesome Apples Assorted Chilled Fruit	Fresh Greens Salad bar Potato Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Greens Salad bar Creamy Coleslaw Fresh Whole Fruit Assorted Chilled Fruit
<p>Monthly Food Focus: May's Food Focus is KALE!!! Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p>				