



EASTHAMPTON HIGH SCHOOL :

September 2019

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL LABOR DAY	FRUIT AND YOGURT PARFAIT WITH GRANOLA	FRENCH TOAST NUGGETS WITH SAUSAGE PATTY	EGG & CHEESE BAGEL SANDWICH	FRUIT & YOGURT PARFAIT W/ GRANOLA
9	10	11	12	13
HAM AND CHEESE BREAKFAST WRAP	MINI CINNAMON ROLLS W/ ICING	SAUSAGE, EGG AND CHEESE ENGLISH MUFFIN	COUNTRY SKILLET WRAP	EGG, SAUSAGE, AND CHEESE BAGEL
16	17	18	19	20
WAFFLE WITH SAUSAGE PATTY	FRUIT AND YOGURT PARFAIT W/ GRANOLA	FRENCH TOAST NUGGETS W/ SAUSAGE PATTY	EGG & CHEESE BAGEL SANDWICH	FRUIT & YOGURT PARFAIT W/ GRANOLA
23	24	25	26	27
HAM & CHEESE BREAKFAST WRAP	MINI CINNAMON ROLLS W/ ICING	SAUSAGE, EGG & CHEESE ENGLISH MUFFIN	COUNTRY SKILLET WRAP	EGG, SAUSAGE, CHEESE BAGEL
30				

HAM & CHEESE BREAKFAST WRAP				
--------------------------------	--	--	--	--

OFFERED DAILY- ASSORTED CEREAL, MUFFINS, 100% JUICE, CHILLED AND FRESH FRUIT, 1% OR FAT FREE FLAVORED MILK.
MENU SUBJECT TO CHANGE

USDA , Easthampton Schools, and Chartwells are an equal opportunity employer and provider.

