



Easthampton High School

Breakfast Menu

October 2019

\$1.50

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
HAM & CHEESE BREAKFAST WRAP	FRUIT AND YOGURT PARFAIT W/ GRANOLA	FRENCH TOAST STICKS W/ SAUSAGE PATTY	EGG AND CHEESE BAGEL SANDWICH	FRUIT AND YOGURT PARFAIT W/ GRANOLA
7	8	9	10	11
WAFFLE W/ SAUSAGE PATTY	MINI CINNAMON ROLLS W/ ICING	SAUSAGE, EGG & CHEESE ENGLISH MUFFIN	COUNTRY SKILLET WRAP	SAUSAGE, EGG & CHEESE BAGEL
14	15	16	17	18
NO SCHOOL COLUMBUS DAY	FRUIT AND YOGURT PARFAIT W/ GRANOLA	FRENCH TOAST STICKS W/ SAUSAGE PATTY	EGG AND CHEESE BAGEL SANDWICH	FRUIT AND YOGURT PARFAIT W/ GRANOLA
21	22	23	24	25
WAFFLE W/ SAUSAGE PATTY	MINI CINNAMON BUNS W/ ICING	SAUSAGE, EGG & CHEESE ENGLISH MUFFIN	COUNTRY SKILLET WRAP	SAUSAGE, EGG & CHEESE BAGEL
28	29	30	31-Oct	1-Nov
HAM AND CHEESE BREAKFAST WRAP	FRUIT AND YOGURT PARFAIT W/ GRANOLA	FRENCH TOAST STICKS W/ SAUSAGE PATTY	EGG AND CHEESE BAGEL SANDWICH	FRUIT AND YOGURT PARFAIT W/ GRANOLA

OFFERED DAILY- ASSORTED CEREAL, MUFFINS, 100% JUICE, CHILLED AND FRESH FRUIT, 1% OR FAT FREE FLAVORED MILK.
MENU SUBJECT TO CHANGE

USDA , Easthampton Schools, and Chartwells are an equal opportunity employer and provider.

