



EASTHAMPTON HIGH SCHOOL: Jan. 20-24, 2020 Lunch MENU Lunch \$3.15

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
No School Martin Luther King Jr. Birthday Observed	Popcorn Chicken	Pasta w/ Meatballs	1/2 Day	1/2 Day
	Mashed Potatoes w/ Gravy	Classic Marinara OR Alfredo Sauce	Finals	Finals
	Sweet Corn	Steamed Broccoli	Cheeseburger	Cheeseburger
		Whole Grain Garlic Breadstick	Chicken Patty	Chicken Patty
Grill				
Cheeseburger and Crispy Breaded Chicken Sandwiches Daily				
2 Mato				
Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza		
Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza		
DELI				
Made to Order Sandwich and Salads with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press.				
On The Go				
Turkey and Cheese WG Bread Lettuce & Tomato Garden Chicken Salad	Chicken Ranch Wrap Garden Salad with Cheese	Ham & Cheese Sub Garden Salad w/ Chicken		
Salads offered with two dinner rolls				
EXTRA EXTRA				
Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad bar	Fresh Greens Salad Bar
Sweet Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Black Bean & Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Potato Salad Awesome Apples Assorted Chilled Fruit	Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Coleslaw Fresh Whole Fruit Assorted Chilled Fruit
Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.				

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