



WHITE BROOK MIDDLE SCHOOL: Jan 20-24, 2020 LUNCH MENU

LUNCH \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
No School Martin Luther King Jr. Birthday Observed	Burritos Seasoned Ground Beef, Whole Grain Tortilla Seasoned Brown Rice Sweet Corn Salsa, Shredded Cheddar Cheese	Baked Ziti Fresh Pasta, Classic Italian Meat Sauce, Baked Mozzarella Seasoned Broccoli Whole Grain Garlic Breadstick	Burger Bar: Beef OR Veggie Toppings: Cheese, Bacon, Tomato, Pickles Tater Tots	Chicken Parmesan Sandwich French Fries Carrots
Grill				
Cheeseburger on Whole Grain Bun Tater Tots	Chicken Patty on Whole Grain Bun French Fries	Cheeseburger on Whole Grain Bun French Fries	Chicken Patty on Whole Grain Bun Tater Tots	Cheeseburger on Whole Grain Bun French Fries
2Mato				
Classic Cheese Pizza	Classic Pepperoni Pizza	Classic Cheese Pizza	Classic Pepperoni Pizza	Classic Cheese Pizza
On The Go				
Turkey & Cheese w/ Lettuce, Tomato Garden Salad w/ Cheese	Italian Cold Cut Wrap Garden Salad with Cheese Taco Salad	Ham & Cheese w/ Lettuce, Tomato Garden Salad with Cheese Chicken Caesar Salad	Italian Cold Cut Wrap Chef Salad Garden Salad w/ Cheese	Ham & Cheese Pretzel Melt Garden Salad w/ Cheese Chicken BLT Salad
Salads offered with dinner rolls				
EXTRA EXTRA				
Fresh Celery Sticks Homemade Hummus Fresh Whole Fruit Assorted Chilled Fruit	Fresh Carrots Hummus Potato Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Carrots Hummus Black Bean & Corn Salad Orange Wedges Assorted Chilled Fruit	Cucumbers Hummus Pasta Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Baby Carrots Hummus Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.