



WHITE BROOK MIDDLE SCHOOL: Jan. 27-31, 2020 LUNCH MENU

LUNCH \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
No School	Nachos	Macaroni and Cheese	Turkey Dinner	Fish Sticks
Professional Development Day Semester Change	Seasoned Ground Beef, Whole Grain Tortilla Chips	Seasoned Broccoli	Mashed Potatoes w/ Gravy	French Fries
	Shredded Cheddar Cheese, Salsa	Whole Grain Biscuit	Sweet Green Peas	Creamy Coleslaw
	Sweet Corn		Whole Grain Biscuit	
	Seasoned Brown Rice			
Grill				
	Chicken Patty on Whole Grain Bun	Cheeseburger on Whole Grain Bun	Chicken Patty on Whole Grain Bun	Cheeseburger on Whole Grain Bun
	French Fries	French Fries	Potato Wedges	French Fries
	Classic Pepperoni Pizza	Classic Cheese Pizza	Classic Pepperoni Pizza	Classic Cheese Pizza
On The Go				
	Italian Cold Cut	Ham & Cheese w/ Lettuce, Tomato	Italian Cold Cut	Ham & Cheddar Pretzel Melt
	Garden Salad w/ Cheese Taco Salad	Chicken Caesar Salad Garden Salad w/ Cheese	Chef Salad Garden Salad w/ Cheese	Chicken BLT Salad Garden Salad w/ Cheese
Salads offered with dinner rolls				
EXTRA EXTRA				
Fresh Celery Sticks	Fresh Carrots	Power Peas	Cucumbers	Fresh Baby Carrots
Homemade Hummus	Hummus	Hummus	Hummus	Hummus
	Potato Salad	Black Bean & Corn Salad	Pasta Salad	Black Bean & Corn Salad
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.