



EASTHAMPTON HIGH SCHOOL: Feb. 3-7, 2020 LUNCH MENU

Lunch \$3.15

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
Soup 'N' Sandwich Grilled Cheese Sandwich Tomato Soup Whole Grain Goldfish Crackers	Nachos Seasoned Ground Beef, Whole Grain Tortilla Chips Choice of Toppings Yellow Rice Sweet Corn	Chicken Alfredo Tender Grilled Chicken, Fresh Pasta, Classic Alfredo Sauce Seasoned Broccoli Whole Grain Garlic Breadstick	Turkey Dinner Roast Sweet Potatoes Sweet Corn Cranberry Sauce Whole Grain Dinner Roll	Loaded Baked Potato Choice of Toppings Fresh Baked Cornbread

Grill

Cheeseburger and Crispy Breaded Chicken Sandwiches Daily

2 Mato

Classic Cheese Pizza Classic Pepperoni Pizza	Pasta Station: Buffalo Chicken Mac & Cheese	Classic Cheese Pizza Classic Pepperoni Pizza	Pasta Station: Pasta w/ Meatballs	Chicken Bacon Ranch Pizza Classic Cheese Pizza Classic Pepperoni Pizza
Meat Lover's Pizza		BBQ Chicken Flatbread		

DELI

Made to Order Sandwich and Salads with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press.

On The Go

Ham & Cheese Wrap Garden Chicken Salad	Chicken Ranch Wrap Garden Salad w/ Cheese	Turkey & Cheese Wrap Garden Chicken Salad	Ham and Cheese Wrap Garden Salad with Cheese	Chicken Ranch Wrap Garden Chicken Salad
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Salads offered with two dinner rolls

EXTRA EXTRA

Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar
Citrus Chick Pea Salad Fresh Whole Fruit Assorted Chilled Fruit	Pasta Salad Fresh Whole Fruit Assorted Chilled Fruit	Mixed Bean Salad Awesome Apples Assorted Chilled Fruit	Potato Salad Fresh Whole Fruit Assorted Chilled Fruit	Creamy Coleslaw Fresh Whole Fruit Assorted Chilled Fruit

Secondary:

A full student lunch includes choice of entree supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white, skim, and chocolate.

