



WHITE BROOK MIDDLE SCHOOL: March 16-20, 2020 LUNCH MENU LUNCH \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
Create				
Popcorn Chicken: Plain OR Buffalo Seasoned Brown Rice Sweet Green Peas	Nachos Whole Grain Tortilla Chips, Seasoned Ground Beef Spicy Black Beans, Shredded Cheddar Cheese, Shredded Lettuce, Salsa Sweet Corn	Meatball Grinder Seasoned Broccoli	1/2 Day Parent/Teacher Conference *Bag Lunches Available	1/2 Day Parent/Teacher Conference *Bag Lunches Available
Grill				
Chicken Patty on Whole Grain Bun Baked French Fries	Cheeseburger on Whole Grain Bun Baked French Fries	Chicken Patty on Whole Grain Bun Baked French Fries		
2Mato				
Classic Pepperoni Pizza	Classic Cheese Pizza	Classic Pepperoni Pizza		
On The Go				
Chicken Ranch Wrap Garden Salad w/ Cheese, Garden Salad w/Chicken and Cheese	Italian Cold Cut Wrap Garden Salad w/ Cheese Taco Salad	Turkey & Cheese w/ Lettuce & Tomato Garden Salad w/ Cheese Garden Salad w/ Tuna		
Salads offered with dinner rolls				
EXTRA EXTRA				
Baby Carrots Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Cucumbers Potato Salad Fresh Whole Fruit Assorted Chilled Fruit	Power Peas Sweet Corn Salad Fresh Whole Fruit Assorted Chilled Fruit	Cucumbers Pasta Salad Fresh Whole Fruit Assorted Chilled Fruit	Tomatoes Black Bean and Corn Salad Fresh Whole Fruit Assorted Chilled Fruit

USDA, EPSD, and Chartwell's are equal opportunity employers and providers



Secondary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.