

Obstacle Course

Materials:

2 sets of 8 Items- Anything you can find to jump over (ex. Buckets, hoses, pots, wiffleball bats, jump ropes, rocks, stools, pool tubes)

2 cones or anything you can find to mark of the start (shoes, buckets, scarf, etc)

Directions:

1. Each team will line up at the start. On the word "Go", the first player on each time will jump with 2 feet together over each item and when they get to the end, they will take a zig zag pathway to run back in between the items back to the start.
2. The next player will then take their turn while player one moves to the back of their line.
3. The first team to make it through the obstacle course wins the game.

Variation:

If you are the only player playing the game, then time yourself and see if you can beat your score.

