

RESOURCES FOR PARENTS AND CAREGIVERS about RACE AND RACISM

This list is geared towards white and non-Black POC parents and caregivers.

If you have something to add or want to send a comment about a resource that is currently listed, [you can do that here](#).

EVENTS/WORKSHOPS/VIDEOS

- Dr. Kira Banks: [Talking to your kids about Racism video series](#)
- [Sesame Street Town Hall](#) - read letter below before watching.
 - [An Open Letter regarding the CNN Sesame Street Town Hall on Racism](#) by Marcella Runell Hall and Rani Varghese
- [Supporting Kids of Color amidst racialized Violence](#)
- [Raising Antiracist Humans: dismantling Colorism in Latinx/Chicanx/Biracial Families](#) Workshop (6/20/20)
- [Woke Kindergarten \(read aloud books and videos\)](#)
- ["How Studying Privilege Systems Can Strengthen Compassion"](#) | Peggy McIntosh at TEDxTimberlaneSchools
- [Talking Race and Kids webinars](#) from EmbraceRace
- [Workshops at Raising Race Conscious Children](#)
- [Guide to Allyship](#)

LISTS OF BOOKS FOR KIDS

(if you are going to purchase books, PLEASE consider buying from these [Black-owned bookstores](#))

- Embrace Race list: [Children's Books to Support Conversations on Race, Racism & Resistance](#)
- The Conscious Kids List: [26 Children's Books to Support Conversations about Race & Racism](#)

- [Booklist based on Guiding Principles of BLM](#)
- [Books that Inspire Resilience in Kids of Color](#) from EmbraceRace
- [Teach White Children and Teens how to Undo Racism](#) from Charis Books
- [Diverse and Inclusive books to support nature based learning](#) from Wonderkin
- No White Saviors: [Books for Littles list](#) focused on powerful Black Women
- [Books about Racial Power Inequity](#) from Books for Littles
- [Circumventing White Fragility with Adorable Kids Books](#): Bharat Books (books about South Asian families and kids) from Books For Littles
- [List of Kids Books from Jews of Color Multiracial Network](#)
- [Books](#) by Zetta Elliot
- [Here Wee Read](#)
- [This Book is Anti-Racist](#) by Tiffany Jewel (For people of all ages)
- [Rad American History A- Z](#) by Kate Schatz and Miriam Klein Stahl
- [Black Lives Matter Instructional Library](#)

BOOKS FOR ADULTS

- [#SayHerName Booklist](#) from Charis Books
- Booklist for [White Readers](#)
- [AntiRacist](#) Reading List
- [Booklist from Jews of Color multiracial network](#)
- More recommended books:
 - [Me and White Supremacy](#) by Layla F. Saad
 - [So You Want to Talk about Race](#) by Ijeoma Oluo
 - [Heavy: An American Memoir](#) by Kiese Laymon
 - [How To Be An Antiracist](#) by Dr. Ibram X. Kendi
 - [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD
 - [We Live for the We](#) by Dani McClain
 - [Raising White Kids](#) by Jennifer Harvey
 - [My Grandmother's Hands](#) by Resmaa Menakem
 - [Unapologetic](#) by Charlene Carruthers

- [How We Show Up](#) by Mia Birdsong
- [Don't Leave your Friends Behind](#) by China Martens and Victoria Law
- [Revolutionary Mothering](#) by Alexis Pauline Gumbs, China Martens, and Mai'a Williams
- [Practice Showing Up: A guidebook for White People Working for Racial Justice](#) by Jardana Peacock

ARTICLES:

- [Talking to Young Children about Racism](#): Aya de Leon
- [Talking to Kids about Black Lives Matter](#) (lots of good resources at the end of this one)
- [Talking with Children about the Guiding Principles of the Black Lives Matter Movement](#)
- [Your Kids Aren't too Young to Talk about Race](#) by Pretty Good Design
- [100 things to say to your child to advance racial justice](#) by Raising Race Conscious Children
- [How Kamau Bell Talks about Race with his Kids](#)
- [How Latinx People Can Fight Anti-Black Racism in Our Own Culture](#) - Teen Vogue
- [Teaching your Child about Black History](#)
- Starting to Talk about Race with your Kids: [article and children's books recommendations](#)
- [Collection of Social Justice resources from the Children's Community School](#)
- [Parenting So White: Letter to White Parenting "Experts"](#)
- Resources from NPR: [Talking Race with Young Children](#)
- [AntiRacist Parenting during COVID-19 and Beyond](#) Jardana Peacock and Rachel Parsons
- [No, We Won't Calm Down—Tone Policing Is Just Another Way to Protect Privilege](#) by Robot Hugs
- [Why I Don't Talk About Race with White People](#) by John Metta
- [What I Told My White Friend When He Asked for My Black Opinion on White Privilege](#) by Lori Lakin Hutcherson
- [Welcome to the Anti-Racism Movement—Here's What You've Missed](#) by Ijeoma Oluo

- [You Can Have a Black Friend, Partner, or Child and Still Be Racist](#)
- [Accomplices Not Allies: Abolishing The Ally Industrial Complex](#)
- [Performative Allyship Is Deadly \(Here's What to Do Instead\)](#)
- [Declarations of Whiteness: The Non-Performativity of Anti-Racism \[Sara Ahmed\]](#)
- [You Have an Opinion Relating to a Discussion about Race \[Flow Chart and Guide\]](#)

OTHER RESOURCES

- **[VERY COMPREHENSIVE LIST OF ANTIRACISM RESOURCES](#) from Suzana Loza**
- [Scaffolded resources for white people undoing racism](#) *
- [AntiRacism for Beginners](#)
- [AntiRacism resources for All Ages](#)
- [The Conscious Kid on Instagram](#)
- [The Brown Bookshelf](#)
- [Curriculum from Teaching for Change](#) (helpful for Homeschooling)
- [Early Childhood Resources](#) from Teaching for Change
- [Raising Race Conscious Children](#)
- [Parenting Decolonized](#)
- ['Raising White Kids' Author on How White Parents can Talk About Race](#) - NPR
- [Raising Free People Podcast](#)
- [Parenting is Political Podcast](#)
- [Rachel Cargle](#)
- [The Zinn Education Project](#)
- [Wee the People](#)
- The Smithsonian's National Museum of African American History and Culture recently launched [Talking About Race](#), a new online portal designed to help individuals, families, and communities talk about racism, racial identity and the way these forces shape every aspect of society, from the economy and politics to the broader American culture.
- Facing History Facing Ourselves - [Race: the Power of an Illusion parts 1-3](#) (Set up a free account to watch)
- [How White Parents Can Use Media to Raise Anti-Racist Kids](#) by Common Sense Media
- The Conscious Kid - [Critical Conversations](#)

- [Alphabet Rockers](#) - radical hip hop music for kids
- [The Black Lives Matter at School Coloring Book](#)
- [Jewish Multiracial Network](#)
- [unlocking us](#) podcast with Brene Brown and Dr. Kendi

ACTION LISTS

All this reading and talking is excellent, and please follow up by taking action!

- [Actions Towards Justice for Black Lives](#)
- [Resources for Black Healing](#)
- [26 Ways to Be in the Struggle Beyond the Streets](#)
- [Opportunities for White People in the Fight for Racial Justice](#)
- [Dear White People, This is What We Want You to Do](#)
- [Resources for Accountability and Actions for Black Lives](#) (including places to donate)
- [How White People Can Support The Fight Against Police Brutality](#)
- [A guide for calling in white folks around “violence” and property destruction narratives](#)
(SURJ)
- [10 Ways Non-Black Asians Can Support Black Power & Black Liberation](#)