



**WHITE BROOK MIDDLE SCHOOL: LUNCH MENU OCT. 2021 (WK. 10/25-10/29)**

**ALL STUDENT EAT FOR FREE**

Monday 10/25	Tuesday 10/26	Wednesday 10/27	Thursday 10/28	Friday 10/29
<b>Create</b>				
BBQ Rib Sandwich	French Toast Sticks	1/2 Day	Pasta w/ Meatsauce	Burger Bar w/ Fixings
Sweet Potato Fries	Hash Brown Patty	Bag Lunch Available	Steamed Carrots	Oven Fries
Steamed Green Beans	Sausage Patty		Dinner Roll	
<b>Grill</b>				
Chicken Patty Sandwich on Whole Grain Bun	Cheeseburger on Whole Grain Bun	Chicken Patty Sandwich on Whole Grain Bun	Cheeseburger on Whole Grain Bun	Chicken Patty Sandwich on Whole Grain Bun
Oven Baked Fries	Oven Baked Fries	Oven Baked Fries	Oven Baked Fries	Oven Baked Fries
<b>2 Mato</b>				
Personal Cheese or Pepperoni Pizza	French Bread Pizza	Personal Pepperoni Pizza	Chicken BBQ Flatbread	Personal Cheese or Pepperoni Pizza
<b>On The Go</b>				
Italian Sub	Turkey & Cheese Sub	Tuna Wrap	Ham & Cheese on a Bulky Roll	Buffalo Chicken Salad Sub
Buffalo Chicken Salad	Garden Salad w/ Tuna	Chicken Caesar Salad	Ham & Cheese Chef Salad	Popcorn Chicken Salad
<b>Extra Extra</b>				
Cole Slaw	Carrot Sticks	Grape Tomatoes	Cucumber Wheels	Squash & Zucchini Sticks
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Fresh Whole Fruit	Black Bean Salad	Fresh Whole Fruit	Citrus Bean Salad	Fresh Whole Fruit
Assorted Chilled Fruit	Fresh Whole Fruit	Assorted Chilled Fruit	Fresh Whole Fruit	Assorted Chilled Fruit
<p>USDA, EPSD, and Chartwell's are equal opportunity employers and providers</p> <p><b>MENU IS SUBJECT TO CHANGE</b></p>				
				<p>chartwells serving up happy &amp; healthy</p>

Secondary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes and fruit side dishes, and a choice of milk. choices include 1% white and skim chocolate.

Milk