



EASTHAMPTON HIGH SCHOOL: LUNCH MENU OCT. 2021 (WK. 10/25-10/29)

ALL STUDENTS EAT FOR FREE

Monday 10/25	Tuesday 10/26	Wednesday 10/27	Thursday 10/28	Friday 10/29
Create				
Waffle	Beef Tacos w/ Fixings	Macaroni & Cheese	Hamburger Bar w/ Fixings	Teriyaki Chicken
Smile Fries	Seasoned Rice	Dinner Roll	Oven Fries	Seasoned Rice
Sausage Patty				Mixed Vegetables
				Flat Bread
Grill				
Grilled Cheese w/ Bacon	Philly Cheese Steak	Grilled Chicken Sandwich	Meatball Sub	Italian Sausage
Oven Baked Fries	Oven Baked Fries	Oven Baked Fries	Oven Baked Fries	Oven Baked Fries
Veggie Burger, Cheeseburger and Crispy Breaded Chicken Sandwiches Daily				
2 Mato				
Pepperoni Personal Pizza	Vegetable Pizza	Cheese Personal Pizza	Pepperoni Personal Pizza	Steak & Cheese Personal Pizza
Cheese Personal Pizza	Cheese Personal Pizza	BBQ Chicken Pizza	Cheese Personal Pizza	Cheese Personal Pizza
Deli				
<p>Made to Order Sandwich and Salads with Your Choice of Assorted Deli Meats, Cheeses, and Toppings On Your Choice Of Whole Grain Breads and Wraps Daily Panini Specials. Have your favorite Deli Sandwich Toasted on our Panini press.</p>				
On The Go				
Ham & Cheese Wrap Crispy Chicken Salad	Turkey & Bacon Sub Ham & Cheese Chef Salad	Chicken Ranch Wrap Grilled Chicken Caesar	Egg Salad Sandwich Buffalo Chicken Salad	Italian Sub Garden Salad w/ Tuna
Salads offered with Fresh Biscuit				
Extra Extra				
Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar	Fresh Greens Salad Bar
Three Bean Salad Fresh Whole Fruit Assorted Chilled Fruit	Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Black Bean & Corn Salsa Fresh Whole Fruit Assorted Chilled Fruit	Citrus Chickpea Salad Fresh Whole Fruit Assorted Chilled Fruit	Pasta Salad Fresh Whole Fruit Assorted Chilled Fruit
Secondary: A full				
student lunch includes choice of entree supplying protein and grain, vegetable side dishes and fruit side dishes, and a choice of milk. Milk choices include 1% white, skim, and chocolate.				
MENU IS SUBJECT TO CHANGE				
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